

# Trainingsplan / Rennkalender 2018/19

| Dezember |                  | Jänner |                                  | Februar |  | März  |                                      |
|----------|------------------|--------|----------------------------------|---------|--|-------|--------------------------------------|
| 1 Sa     |                  | 1 Di   | xxx                              | 1 Fr    | Training Balbach                         | 1 Fr  | Training Balbach                     |
| 2 So     | Training Gurgl   | 2 Mi   | Training Balbach                 | 2 Sa    | Raika Niederthai                         | 2 Sa  | Raika Obsteig                        |
| 3 Mo     |                  | 3 Do   | Training Kühtai                  | 3 So    | Training Kühtai                          | 3 So  | Training Kühtai                      |
| 4 Di     |                  | 4 Fr   | Training Balbach                 | 4 Mo    |  | 4 Mo  |                                      |
| 5 Mi     |                  | 5 Sa   | Raika Kühtai                     | 5 Di    | Bambini                                  | 5 Di  | Bambini                              |
| 6 Do     |                  | 6 So   | BC Oetz SL                       | 6 Mi    | Training Hochötz                         | 6 Mi  | Training Hochötz                     |
| 7 Fr     |                  | 7 Mo   |                                  | 7 Do    |  | 7 Do  |                                      |
| 8 Sa     | Training Kühtai  | 8 Di   | Bambini                          | 8 Fr    | Training Balbach                         | 8 Fr  | Training Balbach                     |
| 9 So     |                  | 9 Mi   | Training Hochötz                 | 9 Sa    | Tir. Kinderschitag May - Training Kühtai | 9 Sa  | 25. Zwergerlrennen - Training Kühtai |
| 10 Mo    |                  | 10 Do  |                                  | 10 So   | Training Kühtai                          | 10 So | TT Mini Adler - Training Kühtai      |
| 11 Di    |                  | 11 Fr  | Training Balbach                 | 11 Mo   | Schikurs - Training Kühtai               | 11 Mo |                                      |
| 12 Mi    |                  | 12 Sa  | Training Kühtai                  | 12 Di   | Schikurs - Training Kühtai               | 12 Di | Bambini                              |
| 13 Do    |                  | 13 So  | Training Kühtai                  | 13 Mi   | BC Lisslift (Nacht) SL - Training Kühtai | 13 Mi | Training Hochötz                     |
| 14 Fr    |                  | 14 Mo  |                                  | 14 Do   | Schikurs - Training Kühtai               | 14 Do |                                      |
| 15 Sa    | Training Kühtai  | 15 Di  | Bambini                          | 15 Fr   | Schikurs - Training Kühtai               | 15 Fr | Training Balbach                     |
| 16 So    | Training Kühtai  | 16 Mi  | Training Hochötz                 | 16 Sa   | Training Kühtai                          | 16 Sa | BC Gurgl SL                          |
| 17 Mo    |                  | 17 Do  |                                  | 17 So   | Kinderrennen Balbach                     | 17 So | Jux-Rennen Balbach                   |
| 18 Di    | Bambini          | 18 Fr  | Training Balbach                 | 18 Mo   |  | 18 Mo |                                      |
| 19 Mi    | Training Hochötz | 19 Sa  | BC Hochzeiger RSL                | 19 Di   | Bambini                                  | 19 Di | Bambini                              |
| 20 Do    |                  | 20 So  | Kids Cup - Training Kühtai       | 20 Mi   | Training Hochötz                         | 20 Mi | Training Hochötz                     |
| 21 Fr    | Training Balbach | 21 Mo  |                                  | 21 Do   |  | 21 Do |                                      |
| 22 Sa    | Training Kühtai  | 22 Di  | Bambini                          | 22 Fr   | Training Balbach                         | 22 Fr | Training Balbach                     |
| 23 So    | Training Kühtai  | 23 Mi  | Training Hochötz                 | 23 Sa   | PitzBambini                              | 23 Sa | Training Kühtai                      |
| 24 Mo    | xxx              | 24 Do  |                                  | 24 So   | Training Kühtai                          | 24 So | Raika Kühtai                         |
| 25 Di    | xxx              | 25 Fr  | Training Balbach                 | 25 Mo   |  | 25 Mo |                                      |
| 26 Mi    | Training Hochötz | 26 Sa  | BC Niederthai SL                 | 26 Di   | Bambini                                  | 26 Di | Bambini                              |
| 27 Do    | Training Kühtai  | 27 So  | WidiCross Oetz - Training Kühtai | 27 Mi   | Training Hochötz                         | 27 Mi | Training Hochötz                     |
| 28 Fr    | Training Balbach | 28 Mo  |                                  | 28 Do   |  | 28 Do |                                      |
| 29 Sa    | Training Kühtai  | 29 Di  | Bambini                          |         |  | 29 Fr | Training Balbach                     |
| 30 So    | Training Kühtai  | 30 Mi  | Training Hochötz                 |         |  | 30 Sa | BC Oetz RSL                          |
| 31 Mo    | Training Kühtai  | 31 Do  |                                  |         |  | 31 So | Raika Hochötz                        |

